Contract and Waiver for Products and Services provided by

Decaman Athletics/Rich Hesketh

This contract between _____ (Athlete's name) and Decaman Athletics/ Rich Hesketh to provide high performance training programs and/or sessions at the rate of $600.00 / 4 week Program.
Programs are the sole property of Decaman Athletics/Rich Hesketh.

I understand that neither Decaman Athletics/Rich Hesketh nor anyone employed by this company will assume responsibility for accidents and/or other expenses incurred as a result of participation in this program. I attest that I am in good health and able to participate in the physical activity of a vigorous athletic training program. In the event of injury or illness during group or individual training sessions, Decaman Athletics/Rich Hesketh has my permission to provide emergency first aid.

_____ _____

Participant's Signature (if over 18 years old) Date

_____ _____

Parent or Guardian Signature (if under 18 years old) Date